

# ANCIENT GROOVE MUSIC

## Why Art Thou So Heavy, O My Soul?

Edited by  
Ben Byram-Wigfield

HENRY LOOSEMORE  
(c.1607 - 1670)

Source: British Library, MS Harley 7337, an early 18th-century manuscript in score by Thomas Tudway (c.1650 - 1726). The music is presented in original note values, up a minor third. Barring has been regularized. Accidentals in brackets are editorial.

Soprano

Why art thou so hea - vy, O my soul? and why art thou so dis-qui-et -

Alto

Why art thou so hea - vy, O my soul? and why art thou so

Tenor

Bass

6

ed with-in me? and why art thou so dis - qui - et - ed, and why

— dis-qui - et - ed with - in me? and why art thou so dis-qui - et -

Why art thou so hea - vy, O my soul? and why art

Why art thou so hea - vy, O my soul? and

## Why Art Thou So Heavy, O My Soul?

10

— art thou so dis-qui-et-ed with - - - in me? O — put thy trust in  
 ed, why art thou so dis-qui-et-ed with - in me? O — put thy trust —  
 thou so dis-qui-et-ed with - in me, with - in — me? O put thy  
 why art thou so — dis-qui-et-ed with - in me? O put thy

14

God, O — put thy trust in God, O — put thy trust in God, in  
 — in God, O put thy trust in God, O — put thy trust in God, in  
 trust in God, O put thy trust in God, O put thy trust, put — thy trust in  
 trust in God, O put thy trust in God, O put thy trust, thy trust in

19

God: for I will yet give — him thanks, for I will yet give him thanks, —  
 God: for I will yet give him thanks, for I will yet give him thanks, give  
 God: for I will yet give him thanks, for I will yet give him thanks, give  
 God: for I will yet give him thanks, for I will yet — give —

24

— which is the help of my coun- te- nance and my God, and my—  
 him thanks, which is the help of my coun- te- nance and—  
 — him thanks, which is the help of my coun- te- nance and—  
 — him thanks, which is the help of my coun- te- nance and—

28

— God, which is the help of my coun- te- nance and— my—  
 — my God, which is the help of my coun- te- nance and my—  
 my God, which is the help of my coun- te- nance and my  
 — my God, which is the help of my coun- te- nance and my

32

God. A - - - - - men, a - - - - - men, a - - - - - men.  
 God. A - - - - - men, a - - - - - men.  
 God. A - - - - - men.  
 God. A - - - - - men, a - - - - - men.